



The Shpiel

OCTOBER 2025 TISHREI-CHESHVAN 5786

SUN LAKES JEWISH CONGREGATION



Carol Horowitz

All meetings are held
in the Chapel Center
unless otherwise noted.

SLJC OCTOBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 KOL NIDRE 1:30 pm: Devorah Literary Ladies (Zoom) 7 pm: Kol Nidre Service	2 YOM KIPPUR 10 am: Yom Kippur Service 5 pm: SJLC Break the Fast (Oakwood Country Club)	3	4 10:30 am: SLJC Shabbat Morning Service (With Adult Education Session)
5 10 am: Devorah Hadassah Board Meeting (Zoom)	6 EREV SUKKOT	7 SUKKOT 2:45 pm: SLJC Choir Practice 7 pm: LAFF Reunion	8 SUKKOT	9 SUKKOT 4 pm: SLJC Board Meeting	10 SUKKOT 7-9 pm: SLJC Erev Shabbat Service	11 SUKKOT
12 SUKKOT 11 am: Potluck Sukkot Celebration (home of Wendy Feldman & Eric Kerr)	13 SUKKOT	14 SHEMINI ATZERET 9:30 am: Sisterhood Board Meeting 2:45 pm: SLJC Choir Practice	15 SIMCHAT TORAH	16 1 pm: Sisterhood Board Meeting 2:45 pm: SLJC Choir Practice	17	18
19 9:30 am: JWV Meeting (Oakwood Country Club)			22 1 pm: Devorah Hadassah Out to Lunch	23 12 pm: Restaurant Dine-Out Fundraiser (Bj's)	24 Time TBA Diane Zelinger's Annual Get Together (Black Bear Restaurant)	25 10:30 am: SLJC Shabbat Morning Service
26	27	28 2:45 pm: SLJC Choir Practice	29	30	31	

HIGHLIGHTS

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■ President, Shelly Henden (480) 612-4413
 ■ Membership, Susie Shapiro (480) 883-7117
 ■ Rabbi Irwin Wiener, D.D. (480) 436-1460
 ■ Cantor, Ronda Polesky (480) 247-8408
 ■ Music Director, Lana Oyer (602) 524-5936
 ■ Graphics, Carol Horowitz (760) 271-2758

To submit to *The Shpiel* or for more information, contact Geri Gould at (480) 305-0123, or gerijim@hotmail.com.

RABBI IRWIN WIENER, D.D.



Commitment and Understanding

When this issue of the Shpiel is received it will be at a time we find ourselves in the Temple reminding ourselves of the importance of Commitment and Understanding.

We will be commemorating a day that encourages us to reflect on what was, in the hopes that what can be is influenced by the past. It is not easy to think back, not only of the joyous moments, but the not so wonderful experiences that form our journey of life and even reflect on our wishes and desires.

Yom Kippur is not just about a Book Of life that records happenings of each of us and all of humanity as well. Rather it symbolizes the challenges of life itself and its significance in each of our experiences.

Yom Kippur was designed to remind us that our destiny is shaped by words and deeds. It is the utterances that result in actions that represent the blessing or curse for us and those around us.

Our attention is drawn to a fundamental tenet of human endeavors – to transform ourselves from less to more, from less caring to more giving, from less compassion to more love.

However, to me, the most meaningful aspect of caring and sharing is in a simple word: Commitment. Endurance and fulfillment include the understanding of continuity. Our responsibility is the commitment to the continuity of the generations and is enhanced by our efforts to ensure that what the generations before us taught will be carried on by us and those who follow — to guarantee that the chain that has endured for 5,000 years is not broken because of indifference or complacency.

When we conclude the Neilah prayers on Yom Kippur afternoon, and the Shofar is sounded for the last time, and as the sun is setting, we then wake to a new dawn of understanding how glorious life is and how important it is for us to celebrate every moment.

Then, as we finish our supplications, we turn our attention to another holiday, a significant holiday named Sukkot. Its meaning is simple — illustrating the dwellings the Israelites built and lived in during their 40 years of wandering until arriving at the River Jordan. Our people went through indescribable difficulties to finally see the efforts of their journey — the Land promised to Abraham, Isaac, and Jacob — the arrival to witness the next chapter in realizing their destiny.

Sukkot is one of three Pilgrimage holidays (along with Shavuot and Passover) and carries with it its distinct meaning for us as we wander into uncharted waters as we mature. Sukkot also is a reminder of God's protection. Just as the Sukkah we erect gives us shelter, God attempts to shelter us from the consequences of our choices. Just as the temporary dwelling reminds us of how precarious life's journey is, God attempts to guide us through the paths we determine for ourselves. However, more significant than that, is that the lodging we build can disappear without warning. God reminds us how fleeting our existence is and attempts to comfort us in our time of need.

Yes, Yom Kippur and Sukkot are connected in so many ways. We beseech God on Yom Kippur, and we offer our gratitude to God for the goodness and mercy he extends to us every day on Sukkot. 🕯️



YOM KIPPUR 2025 WITH SLJC

■ Kol Nidre | October 1 | 7 pm

The onset of the solemn moment when the haunting rendition of the *Kol Nidrei* prayer will usher us into a feeling of awesomeness this prayer signifies. Generation after generation of the Jewish people have understood that on this evening, we begin the process of looking inward to achieve a greater awareness of who we are and what God expects of us.

■ Yom Kippur | October 2 | 10 am

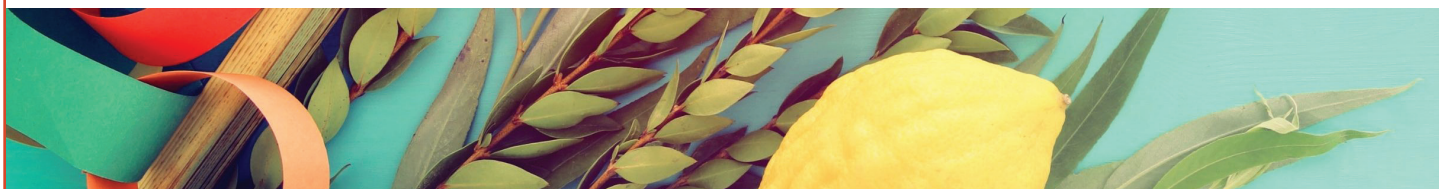
The continuation of the solemnity of the day. After a short break at Noon, we will gather at:

2 pm: Session with the Rabbi to ask and receive answers to questions concerning every aspect of the holidays and more.

3 pm: Mincha service

4 pm: *Yizkor* service with memorial prayers for relatives and friends we wish to remember.

5 pm: *Neilah* service to end the Yom Kippur experience and including the sounding of the shofar, marking the beginning of a New Year filled with gladness and celebration.



POTLUCK SUKKOT CELEBRATION

Sunday, October 12, 11 am, Home of Wendy Feldman & Eric Kerr, Queen Creek

Sukkot, the most joyous of Jewish holidays, offers us an opportunity to connect with the natural world and give thanks for the autumn harvest. Come celebrate with your SLJC friends in the sukkah on Sunday, October 12. We will decorate the sukkah, hold a Sukkot ceremony, and enjoy a festive potluck lunch.

11:00 am: Decorate the Sukkah and mingle

12:30 pm: Sukkot ceremony, followed by lunch until 3 pm

If your last name begins with:

- **A-F:** bring a side dish
- **G-L:** please bring a dessert
- **M-R:** bring an appetizer
- **S-Z:** bring a main dish

Beverages will be provided. Be sure to invite others to join and if possible, carpool to make sure we can all get to the farm. Please bring any portable chair(s) you may have for sitting at a table. If you have a card table, that would be helpful as well. It is recommended to wear comfortable shoes (no heels).

Address & Driving Directions:

20202 E. Superstition Dr.
Queen Creek, AZ 85142

From Sun Lakes, take Riggs Rd east to Sossaman Rd. Turn left (heading north). At the railroad tracks turn right (heading east) to Hawes. Turn right, then left on Superstition. We are halfway down the block (green house set back with a U-shaped driveway and surrounded by pecan trees). Watch for the balloons!

For more information, please contact Wendy at (602) 541-6185.

PRESIDENT'S MESSAGE

SHELLY HENDEN



A Happy and Healthy New Year

I wish again a Happy and Healthy New Year to each and every one of you and your families. It was so good to see many of you at our Friday service. I want to thank all of you who

participate in our regular or High Holiday Services. Your participation helps make our holidays so enlightening. That thank-you also goes to those behind the scenes to bring them to you.

Many great things are coming your way over the next few months and, as always, I remind you to look at the calendar and all the other information that the Shpiel provides.

Again, I ask that if you would like to participate in our regular Friday night services, don't hesitate to call. Also, if you are celebrating a very special occasion, you can offer to sponsor an Oneg. Just let me know.

Let us hope and pray for peace throughout our country and the world especially Israel. 🕎

ADULT EDUCATION 2025

A NEW YEAR OF EXPERIMENTATIONS

The Cantor and Rabbi will offer opportunities to experience Shabbat morning services and study. These two Shabbat services in October and December will be evaluated for participation to ensure their continuation and will take place, to start, in the Chapel Center. Please save the dates to join us:



OCTOBER 2025

October 4 | 10:30-11:30 am
The Origins and Traditions of Sukkot

October 25 | 10:30-11:30 am
Shabbat Morning Service –
Torah portion understanding

December 2025

December 6 | 10:30-11:30 am
The origins and traditions of Hanukkah:
Why the Books of the Maccabees are not
included in the Canon of Jewish Holy Books

December 27 | 10:30-11:30 am
Shabbat Morning Service –
Torah portion understanding



BOARD OF DIRECTOR NOMINATIONS

Shelly Hendon

I have been living here in Sun Lakes for 26 years. I have been a member of SLJC since arriving here. I was on the Board of Directors for six years, two as President of Sisterhood and two years as an elected member of the Executive Board. During the last two years I served as President. I was asked to join the Board in 2022 and was elected as President and have served in that position since. I have enjoyed being your President and want to continue on the Board of Directors for these last two years of my term limits. I will not bore you with all that I have contributed to this congregation. I only ask you for your support and allow me to continue on the Board.

Arthur Fink

I wish to return to the SLJC Board of Directors, having served before and representing our congregation on the Chapel Board Committee. My wife, Judy, and I moved to Sun Lakes in 2004. We became members of the Sun Lakes Jewish Congregation before moving here. I am a life member of the Jewish War Veterans and a member of the Men's Club. I have also served on the SLJC Ritual Committee and served two terms on the Chapel Board. I have previously served on the board for two three-year terms. In addition, I volunteer at Frye Elementary School to help second graders read better. Working in retail sales for over forty years has given me the ability to assist in the decision-making process.

Geoffrey Garber

Shalom. I would like to be re-elected to the Sun Lakes Jewish Congregation Board of Directors. I am a retired electrical engineer. My wife, Lois, and I live in Oakwood, Sun Lakes and have been members of the Congregation, Men's Club, and Sisterhood for several years. We grew up in Cleveland, OH, where we were long-time members of Temple Emanu El. We moved to upstate New York and attended services in Saratoga Springs. We moved to Gilbert in 2010 and to Sun Lakes in 2022. For the past four years I have served on the Board, recording

the proceedings as Recording Secretary and adding my input and vote to Congregation issues. I would like to continue in that position or help the Board in any way I can.

David Levinson

Born in Brooklyn, NY, I have degrees from CUNY Brooklyn College (with a BA cum laude) and from Brooklyn Law School, where I was an editor on its Law Review. I served as an Assistant District Attorney in Manhattan and then entered the private practice of law. In 1977, I was elected Town Justice of Woodbury, NY where I served for 37 years, and also served as Village Justice of Tuxedo Park, NY for 24 years. I am a past president of Monroe Temple, and have served as a lifetime member of its board. I have been married to Marjorie for 58 years, have raised three children, and now have seven grandchildren. I offer our congregation my legal experience and knowledge of temple life and its needs.

Barbara Nussbaum

I have held many volunteer leadership roles over the years, including having been Past President of the National Council of Jewish Women — Greater Philadelphia Section. I have also been a consultant to various Jewish communal organizations in the areas of strategic leadership, board and leadership development, and customized educational travel projects.

My husband, Bruce, and I moved to Sun Lakes a few years ago, and have been regular attendees at SLJC services. Besides living in the Philadelphia area prior to moving here, I lived and worked for the Toronto Jewish Federation.

With my long-time volunteer experience, I look forward to continued participation on the SLJC Board of Directors.

SLJC MEN'S CLUB

Upcoming Meeting: Thursday, October 16, Portillo's Hot Dogs & Sloan Field

On Sunday, September 7, the Men's Club held its annual Kick-Off Breakfast at Chompies in Chandler. 28 members attended, nearly the entire membership. The SLJC Men's Club meets at least once a month, often for lunch at one of the popular nearby restaurants. See below for photos.

On October 16, we will meet for lunch at Portillo's Hot Dogs restaurant and attend a Fall League baseball game at Sloan Field in Mesa. Senior admission is only \$10. We meet in the Riggs Road parking lot of Ace Hardware and share the drive together. Each major league team sends several pro players to local teams made up of upcoming minor league players and maybe a few walk-ons. It's a great chance to see future "Hall of Famers" or who will be on the next bus back home to Iowa. New members are always welcome. Anyone wishing to attend should contact Edd at (480) 329-9364, tieman11@q.com or Marty at (908) 216-0848, marteleee@hotmail.com.

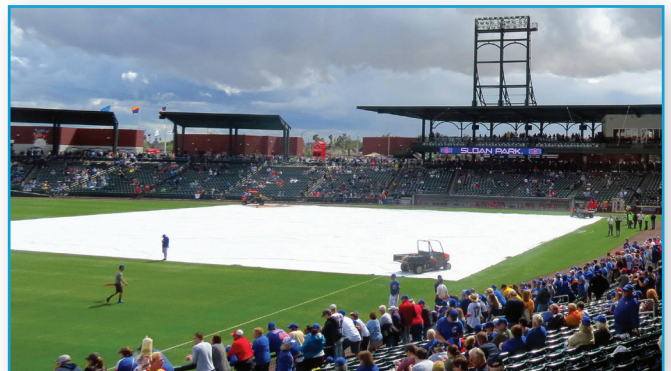


Photo license link: https://commons.wikimedia.org/wiki/File:Hedy_Lamarr_1939_crop.jpg

SEPTEMBER RECAP: ANNUAL MEN'S CLUB KICK-OFF BREAKFAST AT CHOMPIES



A SPECIAL SISTERHOOD SHABBAT

PRESENTED AND CONDUCTED BY OUR SISTERHOOD MEMBERS

NOVEMBER 1, 10 AM
IN THE CHAPEL CENTER
A KIDDUSH/LIGHT BRUNCH WILL BE SERVED

No charge for Sisterhood members, but reservations and a
\$10 deposit check are required due to limited seating.
The check will be returned to you at the event.

For more information,
email Shirley at tieman11@q.com
or Sandy at golombsandy@aol.com

RESERVATION FORM FOR SISTERHOOD SHABBAT

Name: _____ Phone: _____

Mail this form by October 24 with your \$10 refundable check made out
to: SLJC Sisterhood to: Wendy Goldstein, 24031 S Lakeway Circle NW,
Sun Lakes AZ 85248.

SLJC SISTERHOOD

Next Event: Thursday, October 16, 1 pm, Chapel Center



The Sisterhood Board of Directors has a full slate of interesting programs lined up for Fall 2025 and for 2026. Our first meeting will feature Mariana Laufer, former ballerina from the Bucharest Ballet in Romania. She is also the author of the memoir *Over Three Big Lakes: Surviving Adversity*. The meeting will take place on Thursday, October 16 at 1 pm in the Chapel Center.

On Saturday, November 1, our Sisterhood members will proudly present a special Sisterhood Shabbat at 10 am in the Chapel Center. There will be a *Kiddush*/light brunch following the services. There is no charge for Sisterhood members, but reservations and a \$10 deposit check are

required due to limited seating and to plan for anticipated attendance. The check will be returned to you at the event. Fill out the Reservation Form for the Sisterhood Shabbat in this issue of *The Shpiel* and mail it to Marsha Levine by October 24.

On Thursday, November 20, Jody Crago, the Director of the Chandler Museum, will present a program about the famous photographer Dorothea Lange. Ms. Lange, known for her iconic images taken during the Great Depression, visited Chandler three times during the 1930s and 1940s. We will see many of the photographs that she captured through her camera lens.

Our annual fundraiser, Games Galore (previously known as Card Party), will take place on February 23, 2026 at the Oakwood clubhouse. It will feature fabulous gift baskets, a cash raffle, a delicious lunch, and home-baked goods for our bake sale. More details to follow soon.

Be sure to send in the Membership Dues Form below so that you can participate in the exciting programs that Sisterhood has planned.

SLJC Sisterhood Membership Dues Form (July 1, 2025 to June 30, 2026)

Note: WE DO NOT SHARE THIS INFORMATION WITH ANYONE, FOR SISTERHOOD USE ONLY.

Name:

Address:

E-mail:

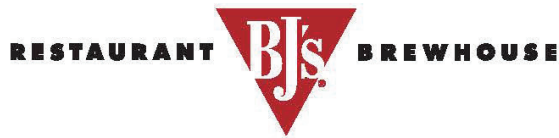
Telephone Number (indicate cell or home)

Birthday (month/day only)

Anniversary (month, day and year*)

**Your anniversary year is being requested in order for the SLJC Sisterhood to acknowledge milestone anniversaries*

Please send this form and a check for \$30, payable to SLJC Sisterhood, to Wendy Goldstein 24031 S Lakeway Circle NE, Sun Lakes, AZ 85248.



JOIN US FOR A DELICIOUS WAY TO **RAISE MONEY!**

Date: October 23, 2025

Time: 12:00PM to 9:00PM

For Dine In, Takeout or Curbside at this BJ's Location:

7151 W. Ray Rd.
Chandler, AZ 85226
623-320-0300

Enjoy delicious food in a fun atmosphere along with your family
and friends while earning funds in support of:

Sun Lakes Jewish Congregation

WITH EACH FLYER PRESENTED DURING THIS **FUNDRAISING EVENT**, BJ's WILL DONATE
20% OF FOOD AND SOFT BEVERAGE SALES TO THE DESIGNATED ORGANIZATION!

VISIT US IN PERSON, ORDER ONLINE OR PLACE A TAKE-OUT ORDER

When dining in: Present this flyer to your server at any time during your meal.

When ordering online: Enter the 6-digit fundraiser code below at the time of checkout.

When placing a take-out order: Present this flyer to a BJ's team member upon your arrival.



AUG 5 17

Valid for dine in, takeout or curbside when applicable. Not valid toward alcoholic beverages, Happy Hour specials or for delivery orders.
Please do not distribute flyers on site during the event.



SLJC RESTAURANT FUNDRAISERS

Thursday, October 23, 12-8 pm, BJ's Restaurant, 7151 W. Ray Road, Chandler

Our first temple fundraiser will be held on Thursday, October 23 at BJ'S Restaurant on Ray Road from the hours of 12-8 pm. If you have a big party, please call ahead for a reservation. Last year we had a very big turnout, and we are hoping for a bigger one this year. Please be sure to bring the flyer on the opposite page with you to show when you pay your bill so that SLJC will receive 20% .

If you have any questions, please contact Shirley at tieman11@q.com.



SOMETHING YOU MIGHT NOT KNOW

WHAT'S MY NAME? *By Murray Siegel*

As a child in the 1950s, I was always looking for famous people who were Jewish. I could find politicians such as Senator Jacob Javits or athletes like Al Rosen, but it was difficult to identify Jewish movie stars since they changed their names. Here is a list of the names at birth of ten major stars of the 20th century. See if you can identify the name under which each appeared. Be sure to cover up the bottom paragraphs — no peeking.

Here are the names: Benjamin Kubelsky, Emanuel Goldenberg, Betty Joan Perske, Marion Levy, Issur Danielovitch, David Kaminsky, Melvin Kaminsky (not related), Allan Konigsberg, Hedwig Kiesler, Shirley Schrift.

Benjamin Kubelsky was the actual name of Jack Benny. Emanuel Goldenberg was known to you as Edward G. Robinson. Betty Joan Perske became a young sex symbol as Lauren Bacall (Mrs. Humphrey Bogart). Marion Levy took the screen name Paulette Goddard and was one of Charlie Chaplin's wives. There is a dormitory at NYU named Goddard Hall after she donated \$20 million to the college.

David Kaminsky, whose middle name was Daniel, danced across movie screens as Danny Kaye. Melvin Kaminsky became the comic genius Mel Brooks. Allan Konigsberg started his career as a nervous comedian and grew into a renowned creator of motion pictures named Woody Allen.

Photo license link: https://commons.wikimedia.org/wiki/File:Hedy_Lamarr_1939_crop.jpg



Hedwig Kiesler immigrated to America and was considered the most beautiful movie actress. On the silver screen, she was Hedy Lamarr and later received praise for her inventive genius. Shirley Schrift began her career as a starlet and roommate of Marilyn Monroe, and, as Shelley Winters, was a two-time Academy Award winner. How did you do?

FRIENDS OF ISRAEL

ISRAEL: A NATION AND ITS PEOPLE, PART II

Next Event: Sunday, November 9, 2 pm, Chapel Center

Diversity of the Israeli Population: Social, Cultural and Political Implications — Immigration and Absorption

On November 9 at 2 pm at Sun Lakes Chapel Center, the Friends of Israel, in cooperation with the East Valley JCC, present a vital topic to understand the impact of population diversity on current day Israel.



Israel is truly a melting pot, having experienced massive immigration even before statehood in 1948. Each wave of immigrants has brought unique cultures, religious experiences, education and ways of life to Israel. For some, integration into Israel society was seamless, while others experienced multiple obstacles and even absorption rejection.

SPEAKERS:

- **Sapir Tiram**, *Senior Shlichah (Emissary from Israel) at the Center for Jewish Philanthropy of Greater Phoenix*
- **Vita Krivyakova**, *Jewish Agency Israel Fellow at Arizona State University Hillel*

Both women are Israeli, with Vita making Aliyah from Russia to Israel in 2017, and Sapir being born in Israel. In addition to Vita's experience as an immigrant, both women have connections with multiple cultural groups. They have served in professional roles that provides them with important insight regarding the absorption process of immigrants into Israel. Join us for a most interesting and relevant afternoon experience.

This event is free and open to the public, but registration is required. Please indicate how many people will attend. Register at israelsunlakes@gmail.com.

Questions? Email Barbara Nussbaum at barban@aol.com or Michael Cohen at mwcohen000@gmail.com.

LONE SOLDIER PROJECT

WRITE TO A LONE SOLDIER ELECTRONICALLY THIS YEAR

Take a minute and let Lone Soldiers know that after two years of war against a terrorist group, you appreciate and care about these courageous young people.

Here are some ideas:

- A Happy Hanukkah greeting
- I pray for you safety and well-being during this war
- Anything that come from your heart
- Appreciation for their courage
- A recognition of the sacrifices they are making
- Any connection to the IDF or Israel
- Any personal Zionist feelings you may want to share

Send your message electronically in an email to lonesoldiers@evjcc.org, or visit www.evjcc.org/greetings to upload your greeting by tapping "upload greetings." Both methods will be converted to Hanukkah cards.

If you have any questions, please email lonesoldiers@evjcc.org.



OCTOBER CELEBRATIONS

ANNIVERSARIES — *kol hakavod* — to another great year ahead together!

2 Howard & Andrea Hummel	10 Owen & Carol Fabert	18 Geoffery & Lois Garber
9 Ronald & Doris Codkind	17 Arthur & Linda Mundis	19 Stephen & Susan Kubrin
9 Kevin Murphy & Barbara Sommers	17 James & Marcie Franklin Gascoyne	22 Noel & Arlean Levine

BIRTHDAYS — *mazel tov* — another year older and another year wiser!

1 Lori Mangel	9 Berlyn (Sonny) Jr. White	16 Carol Horowitz	25 Sarah Weiner
1 Eunice Goldberg		17 Susie Shapiro	28 Barry Memberg
4 Doris Codkind	10 Vivian DeGain	18 Jerri Siegel	31 Joyce Dickman
5 Richard Lapkin	12 Elynn Rubinstein	19 Michael Abrams	31 Rochelle Schwartz
7 Diane Posniack	13 Karen Kleiman	22 Ruth Kovac	
9 Anita Frindell	14 Pamela Brenner	23 Marc Machbitz	

OCTOBER YAHRZEITS

Zichronam livrachah — may their memories be a blessing.

Pearl Arnow	Alfred Forman	Charles Howard	Harry Plotkin
Sam Asbell	Al Freed	Morris L. Jacobs	Bernard Polesky
Rose Rokeach	Edward Freedman	William Jacobsohn	Hyman Pollock
Baumrind	Justin Friedman	Benjamin Kaplan	Selma Posniack
Jerome Bender	Paula Garber	Elsie Klau	Richard Rabstein
Abraham Bennett	Robert Glazer	Florence Kraus	Louis Shienfield
Donald Backer	Michael Goldner	Ella Lerner	Ralph Siegel
Jennie Brajtberg Bright	Rose Goldrich	Jacob Levine	Manuel Smigel
Nathan Brenner	Ely Goldsmith	Bertha Levinson	Eleanor Strauss
Charles Cohen	Louis Goldstein	Ruth Lubisch	J. Harold Taitsman
Leon Cooperman	Myron Granoff	Rhona Medress	Joan Warnecke
Samuel Eisenman	Richard Green	Morton Memberg	Rachel Wiener
Marion Feinberg	Beatrice Holstein	Jacquey Moss	Sydney Wolin
Fran Fink	David Holstein	Milt Moss	
Emanuel Fishman	Nancy Hopkins	Meyer Plotkin	

CONTRIBUTIONS



Sun Lakes Jewish Congregation gratefully acknowledges the following contributions made in honor or memory of a special person or event. If you would like to make a contribution, please use the donation form on the opposite page.

CHAPEL FUND

In honor 60th of anniversary of Arnie & Shelly Henden
by Lee (Sheilah) Ross
In honor of Arnie Henden's speedy recovery
by Anne Teplitsky

FAMILY FUND

In honor of the 60th anniversary of Arnie & Shelly Henden
by Rita Ginsberg
In honor of the 60th anniversary of Arnie & Shelly Henden
by Judy & Irwin Plafker

GENERAL FUND

In memory of Dr. Martin Ganz
by Monday Ladies' Mahjong
In memory of Martin Ganz
by Joni Weiser
In honor of Arnie & Shelly Henden 60th anniversary
by Sue Lutwak
In honor of 60th anniversary of Geri & Jim Gould
by Carol Biales
In honor of 60th anniversary of Shelly & Arnie Henden
by Carol Biales
In honor of 60th anniversary of Arnie & Shelly Henden
by Eve Wagner
In memory of Martin Ganz
by Marjorie Finer
For Shelly Henden's quick recovery
by Marjorie & David Levinson
In honor of Geri & Jim Gould's 60th anniversary
by Marjorie & David Levinson
In honor of 60th anniversary of Shelly & Arnie Henden
by Mel Moss

In honor of Shelly & Arnie Henden's 60th anniversary
by Bob Stone & Betsey Silverman
In honor of Shelly & Arnie Henden's 60th anniversary
by Nancy Stutman

MUSIC FUND

In honor 60th of anniversary of Arnie & Shelly Henden
by Carole Victor
In memory of Martin Ganz
by Mireille & Michael Kaplan
In honor 60th of anniversary of Arnie & Shelly Henden
by Lana Oyer & Len Dolins

ONEG FUND

In memory of Lynn Taussig
by Susan & Michael Cohen
In memory of Joan Freed
by Susan & Michael Cohen
In memory of Marty Ganz
by Susan & Michael Cohen
In honor 60th of anniversary of Arnie & Shelly Henden
by Diane & Greg Posniack
In honor of the 60th anniversary of Geri & Jim Gould
by Diane & Greg Posniack

SILVERMAN FUND

In honor 60th of anniversary of Arnie & Shelly Henden
by Diane Silverman
In honor 60th of anniversary of Arnie & Shelly Henden
by Marcia & Harvey Weiner
In honor 60th of anniversary of Arnie & Shelly Henden
by Shirley R Gersten
In memory of Sy & Edie Evans
by SLJC Men's Club

YAHARZEIT FUND

In memory of Louis Shienfield
by Geri & Jim Gould
In memory of Stanley Cohen
by Sheryl Rockwell
In memory of Cecilia Morales
by Esteban Morales
In memory of Regina Pasternack
by Linda & Bob Brooks
In memory of Sam Kaplan
by Anita Kolikoff
In memory of Herbert Tamber
by Neil & Susan Tamber
In memory of Trudy Goldstein
by Eve Wagner
In memory of Celia Wagner
by Eve Wagner
In memory of Lena Levine
by Martin Levine
In memory of Al Freed
by Cyril Goodman
In memory of Nancy Hopkins
by Ruth Friedman
In memory of Justin Friedman
by Ruth Friedman
In memory of Richard Rabstein
by Rita Ginsberg
In memory of Emmanuel Fishman
by Ruth Friedman
In memory of Rachel Wiener
by Rabbi Wiener
In memory of Fran Fink
by Rabbi Wiener
In memory of Bertha Levinson
by Marjorie & David Levinson
In memory of Rose Rokeach Baumrind
by Ann Baumrind
In memory of Florence Kraus
by Carolyn Cesario

In memory of Ruth Lubisch
by Sandor Lubisch
In memory of Jerome Bender
by Judy Walp
In memory of Jacquely Moss
by Mel Moss
In memory of Milt Moss
by Mel Moss
In memory of Ella Lerner
by Shelly & Arnie Henden
In memory of Rhona Medress
by Sheryl Rockwell
In memory of Goldie Sontag
by Gary & Karen Hasenfus
In memory of Abraham Bennett
by Roxanne Banta
In memory of Myron Granoff
by Carole Victor
In memory of Samuel Eisenham
by Marilyn Koss
In memory of Myer Plotkin
by Roxanne Banta
In memory of Norton Memberg
by Nessa & Barry Memberg
In memory of Leon Cooperman
by Nessa & Barry Memberg
In memory of Louis Shienfield
by Janey & Jeff Burnce
In memory of Harry Plotkin
by Jeff & Janey Burnce
In memory of Marion Feinberg
by Sheilah (Lee) Ross
In memory of Hyman Pollock
by Marilyn & Alan Behr
In memory of Rose Goldrich
by Marilyn Raizes
In memory of Michael Goldner
by Susan & Richard Tauber

COMMUNITY BULLETIN BOARD

SLJC sends heartfelt sympathies to Diana Nelinson on the recent passing of her grandson, Charles Knowles. Condolence notes may be sent to her at:

24505 S. Lakestar Dr.
Sun Lakes, AZ 85248

Thank you to all those of you that sent in donations in honor of our 60th wedding anniversary.
--Shelley and Arnie

SAVE THE DATE:
Tuesday, November 18 at 7 pm
SLJC Annual Meeting
at the Chapel Center

Please submit Bulletin Board posting requests to Geri Gould at gerijim@hotmail.com.

SLJC Donation Form (please print clearly)

Please accept this contribution to the following fund, in honor/memory of:

Fund: ☐ Chapel ☐ Family Fund ☐ Music ☐ Oneg ☐ Silverman ☐ General

Yahrzeit Honoree: _____ Month _____

Please send card to:

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Remit to: Marjorie Levinson, 9533 E Sundune Drive, Sun Lakes, AZ 85248

Please make checks payable to SLJC.

*Minimum donation of \$10 per person being remembered/honored.

Sun Lakes Jewish Congregation
Non-Member Memorial Plaques Order Form

A loved one has passed away who was not a member of SLJC, and you desire to create a permanent remembrance of this person. Can this be done? This is a question that is often asked, and the answer is definitely "Yes". We understand the importance of paying tribute to loved ones who are no longer with us. A permanent non-member plaque can be purchased for **\$54.00**, and there are three options for the wording of the plaque.

Simply complete the form below and mail it along with a check payable: SLJC for \$54.00 per plaque to: Wendy Goldstein S Lakeway Circle NW, Sun Lakes 85248. Any questions, call (480)548-5909.

SLJC Non-Member Remembrance Plaque

Please complete a separate form for each plaque, indicating the desired choice of wording.

CHOICE 1

In Loving Memory of _____ (name & date)

Purchase by _____ (name)

CHOICE 2

Always in Our Heart _____ (name & date)

Purchase by _____ (name)

CHOICE 3

In Remembrance of _____ (name & date)

Purchase by _____ (name)

\$54.00 per plaque-Make check payable to SLJC

Mail check and form to : Wendy Goldstein, 24031 S Lakeway Circle NW,
Sun Lakes 85248.

Any question, call (480)-584-5909

JEWISH WAR VETERANS COPPER STATE POST 619

JWV SPEAKER TELLS HOW HEALING MEMORIES WORKSHOP HAS PROFOUND EFFECT ON VETERANS

Sunday, October 19, 9:30 am, Oakwood Clubhouse Ballroom, Oakwood Country Club, 24218 S. Oakwood Blvd., Sun Lakes



Jewish War Veterans Copper State Post 619 welcomes **Michael Wold, Volunteer Arizona Regional Coordinator for the Institute for Healing of Memories.** The Navy veteran will speak Sunday, October 19. Complimentary lox, bagels, donuts, and coffee will be served at 9:30 am.

Wold will detail the many successes Healing of Memories workshops have had in helping male and female veterans deal with the emotional, psychological, and spiritual wounds they received from their military experiences. Many veterans have kept these traumas buried deep inside themselves, which led to a barrier in their healing. As they tell their stories and listen to others, they realize that they share a common human bond and are all wounded in some way by past experiences.

The workshop, free to veterans and caregivers, has been conducted 39 times since 2013 for more than 450 veterans in Arizona. Workshop participants include men and women veterans from the Korean, Vietnam, First Gulf, Iraq, and Afghanistan wars. Ages of the veterans have ranged from 22 to 91.

Workshops take place at an overnight location, beginning on a Friday evening through Sunday, with a welcome dinner where participants are introduced to the workshop concept and have an opportunity to meet each other. Future time is dedicated to storytelling and sharing their personal experiences in small, facilitated groups with an emphasis on safety, respect, and confidentiality. Activities are designed to help the veterans release painful experiences and to celebrate the future.

Mike loves to talk about workshop successes: "A woman veteran came up to me after the workshop and said that she had been isolating herself in a trailer home for two years, even having had her food delivered." She explained how the workshop was life-changing. Three weeks after completing the program, she enrolled in culinary school and now is a successful chef.

A disabled First Gulf War veteran who had spent 20 years "divorcing, drinking and blowing up in anger" said that the Healing of Memories Workshop changed his life: "He not only healed but now is one of our best workshop facilitators," proudly boasts Mike.

Others have offered compliments on the program:

- "I learned the technique of purging old memories of negative experiences resulting in the ability to grow the good in my heart, mind and soul."
- "I waited 24 years to tell this story."
- "I was empowered to view life as positive; to move ahead and not let the past overpower me."
- "I realized how deeply the deaths of fellow veterans in combat have affected me."

JWV Speaker, Mike Wold Institute for Healing of Memories Volunteer Coordinator, conducts workshops for Arizona Veterans and their families which provide healing to those suffering from painful memories of the past. In 2019, Mike was inducted into the Arizona Veterans Hall of Fame for his volunteer work with veterans.

JWV Post 619, which meets the third Sunday of every month from September to June, boasts members who represent a wide range of religious affiliations and participates in philanthropic activities to help veterans of all faiths. To learn more about JWV activities and membership, contact Arthur Uram, (702) 884-4175, uramarthur@gmail.com.

DEVORAH HADASSAH

Hadassah, The Women's Zionist Organization of America has a Chapter in the East Valley called Devorah Hadassah. We organize events, programs, and fundraising activities to support Hadassah Medical Center in Israel and other Hadassah initiatives. For more information, please visit desertmountain@hadassah.org.

Board Meeting

Our next Board Meeting will be held on Sunday, October 5 at 10 am on Zoom.

Out to Lunch

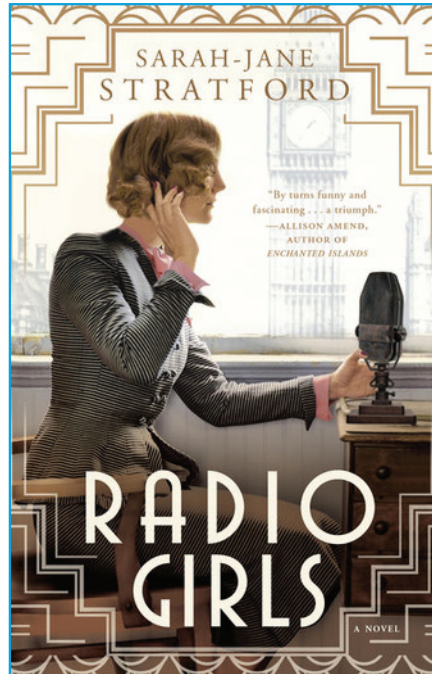
Gather with other women after the general monthly meetings to socialize and enjoy lunch together! Upcoming date is Wednesday, October 22 at 1 pm.

Literary Ladies Book Group

Our book group meets the second Wednesday of each month at 1:30 pm on Zoom. The upcoming book we will be discussing is *Radio Girls* by Sarah-Jane Stratford, on Wednesday, October 1.

General Meeting


Our next General Meeting will be held Wednesday, November 12 at 10:30 am. We will be discussing the book *The Women* by Kristin Hannah. After the meeting, we will be going to lunch.



Devorah Hadassah sells greeting cards!

We have cards for all occasions that we sell for \$2 each or, if you want to have a selection on hand, we sell 12 for \$21. Such a deal! We also have several different certificates priced at \$5, \$18, and \$100. These are ready to view at all in-person events. Contact Susan Fox to order or to ask questions at (520) 705-3226.

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Sun Lakes Jewish Congregation
P.O. Box 11479
Chandler, AZ 85248

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Yiddish-Kite Club

Starts Oct. 20



Tuesdays at the J

Oct. 21: Dan Fellner



Israeli Film Series

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Sign up to receive our newsletter: evjcc.org/newsletter

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